

Senior Health & Wellness Expo

Featured Speakers - Area Experts on Aging:

4:15 p.m. – 5:00 p.m. Shannon Braun - Directory of Memory Support and Inclusion at Episcopal Retirement Services, speaking on the Effect of Loneliness on Mental Health

5:15 p.m. – 6:00 p.m. Matthew Broo - Attorney from the Hamilton County Prosecutor's Office, speaking on Keeping Safe from Senior Scams

6:15 p.m. – 7:00 p.m. Teresa Youngstrom - Dementia Specialist and director of A Better Approach to Memory Care, speaking on Normal vs. Not Normal Aging

All three will also have information tables

Exhibitors:

Anderson Township Senior Center

Kroger Company Dieticians

Arthritis Foundation

TriHealth

Anderson Art Collaborative

Social Security Administration

Hamilton County Sheriff's Office District 5

Pro Seniors

Mercy Health

Catholic Charities of Southwest Ohio

Alzheimer's Association

Cancer Support Community of Cincinnati and Northern Kentucky

American Lung Association

Anderson Area Chamber of Commerce

U.S. Department of Veterans Affairs

Anderson Township Fire and Rescue

Meals on Wheels of Southwest Ohio and Northern Kentucky

Cincinnati Public Library – Anderson Branch

Hearing, Speech and Deaf Center

Ohio Association for the Blind and Visually Impaired

Anderson Township Historical Society

Anderson Township Park District

OrthoCincy

ELM Counseling and Consulting Services

Council on Aging

Go Metro Access

Patricia Faust – author

Hamilton County Public Health

Mayfield Brain and Spine